



# "CULTURE SHOCK"

GETTING A BETTER UNDERSTANDING OF FRENCH LIFE AND CULTURE

## THEMED FRENCH LANGUAGE WORKSHOPS

(PLUS SNACK AND DRINK)

### FRENCH CUISINE—A FRENCH CULINARY TREAT

Culinary French and cookery workshop plus cooking with a chef or a cookery enthusiast. Come and cook in French with what you have learned.



### FRENCH WINES—A TASTE OF FRANCE

Get to know French wine and wine-tasting expressions with a wine specialist—Match food and wine and sample French finger-food.

### FRENCH DRAMA —ACTING FRENCH

Study a French play, learn the vocabulary and expressions, its context



### FRENCH ART— A FRENCH EYE

Study the life and works of an artist or an artistic movement to understand

### FRENCH LITERATURE— FRENCH WORDS

Learn French through French books, vocabulary, style, etc. and discuss what you have learned and even try to write something in French yourself.



### FRENCH MUSIC— A FRENCH EAR

Learn French through the History of French music, instruments and songs and

### FRENCH GARDENING— FRENCH PLANTS AND CLIMATE

Learn organic gardening in the south of France in a beautiful garden with a delightful French picnic.



## ADDITIONAL INFORMATION

- Session includes:** 3 hours French language workshop with professional trainer and expert or enthusiast.
- Level:** Intermediate to Advanced
- How many:** Groups - minimum 6, maximum 8 people
- When:** Please contact us for dates on [arabel.borel@wanadoo.fr](mailto:arabel.borel@wanadoo.fr)
- Where:** Rural venues in Haute-Provence or in homes of participants
- How much:** For all details and prices, please fill in form on following page



## GETTING A BETTER UNDERSTANDING OF FRENCH LIFE AND CULTURE

THEMED FRENCH LANGUAGE WORKSHOPS — 6-8 people  
with a snack and a drink

FRENCH CUISINE — FRENCH WINE — FRENCH DRAMA — FRENCH ART  
FRENCH LITERATURE — FRENCH MUSIC — FRENCH GARDENING

(For example: 2 hours of culinary French and 1 hour cooking—plus a bite to eat and a drink)

Workshops organised in bistros de pays, cafés or in the homes of participants.

A nice combination of "useful" and "fun", not just to learn French but to enable you to understand English-speaking countries and their inhabitants through their culture, art, music, cookery, literature, etc, and also history to compare what was going on in England at the same time.



All equipment and supplies provided free of charge

**NB:** You can combine workshops and attend them during your holiday according to the schedule. Workshops will not be held unless a minimum of 6 participants has been reached.

## REQUEST FOR INFORMATION AND PRICES

Please fill in and send by post or email to:

Arabel Borel AB PROVENCE, 555 Chemin de Villemus, 04100 MANOSQUE  
06.70.55.18.10 or [arabel.borel@wanadoo.fr](mailto:arabel.borel@wanadoo.fr)

<b>SURNAME, First name</b>			
<b>Address</b>			
<b>Postcode TOWN</b>			
<b>Telephone:</b>			
<b>Email address</b>			
<b>SESSIONS</b>	<input type="checkbox"/> COOKERY	<input type="checkbox"/> WINE	<input type="checkbox"/> DRAMA
<i>Tick the workshops you're interested in:</i>	<input type="checkbox"/> ART	<input type="checkbox"/> LITERATURE	<input type="checkbox"/> MUSIC
	<input type="checkbox"/> GARDENING		
<b>Level</b>	<input type="checkbox"/> Very little vocabulary <input type="checkbox"/> short sentences <input type="checkbox"/> sentences and vocabulary		
<b>'HOST' MEMBERS</b>	<b>BE A CULTURE SHOCK HOST!</b>		
	Can you receive a small group of people for a 3 hour lesson— in your home? Let us know! The first time you receive the group in your home will give you one free session of your choice		
	<input type="checkbox"/> YES I would like to host <input type="checkbox"/> NO, sorry I can't host		

FRENCH CULTURE SHOCK! LE CHOC CULTUREL!

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